Massage Prague – Marie personal masseuse & theraphist			
Mánesova 4/813, Prague 2 Vinohrady (200 meters from the vestibule of metro Mon- Fri 8 am - 8 pm (ONLY binding order ONLINE Booking)	C)		
Parking: green & orange zone Spanish and Italska street OR car parking Slovan	n (next to the State Ope	era)	
https://MassagePrague.info, https//Lechtani.cz/en, https://TantraPra https://MasazProstaty.info/en, E-mail: info@MassagePrague			
m. +420 734 819 938 - If massages, I'm not mobile			
From August 22., 2023, the only option for ordering an online Booking and non-cash payment is the payment gateway. Order required at least 24 hours in advance, payment must be credited at least 24 hours before the start.			
Ab dem 22. August 2023 ist die einzige Möglichkeit zur Bestellung einer Online-Reservierung und bargeldlosen Zahlung das Zahlungsgateway. Bestellung mindestens 24 Stunden im Voraus erforderlich, Zahlungseingang spätestens 24 Stunden vor Beginn.			
Prices Rituals and Relaxation:	Time (min.)	Price EUR	
Mineral mud skin mask and head and face massage - Relaxation massage w	ith cosmetic effects		
Massage the area of stiff muscles of the face and neck removes waste products free radicals and toxins . For you this means slowing down the formation of wrinkles and aging process. This massage combined with mineral mud mask twice regenerates the skin, reduces fatigue, muscle tension headaches and eventually restores the flow of energy in the body. Sea mineral mask is 100% natural silt comes from the depths of the Dead Sea . Twenty minute mud mask on her face and decollete opens the pores. Minerals therefore pass deep into the skin and nourishes it better. Mud mask leaves skin clean and fresh, helps to smooth deep wrinkles and also inhibits the formation of new wrinkles, reduces the formation of acne. Beneficial effect on have psoriasis and eczema.			
EN info:	Head and Face with		
Mineral Mud Mask skin and head massage and facial Body peeling and full body massage - Medicalh relaxation	60	35€	
Women, release your clogged pores and let your skin breathe freely ! The combination massages for you is to remove dead cells from the skin and thus rejuvenate your sens skin, oxygenates and looks great against cellulite . In combination with my relaxing mo younger.	ible. Good effect on tired	l or calloused	
EN info:	Body peeling & Full b		
HIT. Body peeling with massage of the entire body means to you	90	55€	

I

Royal ritual Massage Prague - "Relax & Energy" ritual with medicalh eler	nents	
For both men and women. Experience a combination of several massage treatments that regenerate your body touch my first full body peeling with salt from the Dead Sea. This is followed by a r massage or hot stone massage and in the final part of the Royal ritual is softened pampers your skin for an additional 24 hours moisturizing effects.	elaxing massage and ant	-stress head
EN info:	Royal ritua	al
HIT-TOP: it the best of my massage	120	79€
Price Energy theraphy:	Time (min.)	Price EUR
Energy massage Tibetan bowls - "Energy + Medicalh + beneficial Relaxati	on" massage	
Vibration massage through a deeply relaxing tones of Tibetan bowls is very relaxing, cl mentally relaxing. Medicalh benefits tones of Tibetan bowls can be considered medicin We are living beings of flesh, bone, water and we have its own electromagnetic field different wavelengths according to our specific organs. Medicalhy human body vibrate in the body.	al. . We respond to the vibra	tions of
EN info:	Energy massage Tibe	<u>etan bowls</u>
energy therapy	60	40€
Price Touch therapy:	Time (min.)	Price EUR
Reflexology foot and leg - "Medical" therapy, alternative treatment		
is an alternative method of treatment with roots in Chinese medicine . It also mass Massage works by the basic principle that all organs and body parts are interconnect largest organ, you can initialize or reflex points.		
Reflexology works completely on your entire body. Stimulation of reflex points immedia body pain or increased sensitivity. Removing organ dysfunction disappears increased	ately respond to organ dys sensitivity or pain .	function or
Its use is both diagnostic and therapeutic . The diagnostic feature is invaluable for prev	vention.	
EN info:	Reflexology foc	t <u>& leg</u>
Initial examination (about 65-75min.)	75	59€
another repeated Reflexology massage 60 min.	60	49€
Tickle therapy (Tickling) - Touch therapy - Tickling armpits, feet, hips and elsew	here	
For all. Unusual, but increasingly popular form of relaxation leading to pleasant feeli	ngs and release.	
For all. Unusual, but i ncreasingly popular form of relaxation leading to pleasant feeli The human soles, like armpits, located millions sensitive nerve endings that make the f for different people produce diverse range of reactions.	-	touch, which
The human soles, like armpits, located millions sensitive nerve endings that make the f	oot particularly ensitive to	touch, which
The human soles, like armpits, located millions sensitive nerve endings that make the f for different people produce diverse range of reactions. Some individuals tickle on the feet causes ticklish, other individuals are feet for the san	oot particularly ensitive to	
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The human soles, like armpits, located millions sensitive nerve endings that make the f for different people produce diverse range of reactions. Some individuals tickle on the feet causes ticklish, other individuals are feet for the san It's not erotic services, but the touch therapy . EN info:	oot particularly ensitive to ne reason rotogení zone. Tickle therapy (1	ickling)

Price Exercise, Price Gift Certificates on Exercise:

exercises to strengthen Pelvic floor - "Medicalh benefits" exercises

Pelvic floor exercises are aimed at **mastering the basic principles of strengthening the pelvic floo**r. Emphasis is placed on his "**feeling for**", which is working with the pelvic floor is necessary.

Favorably influenced by pelvic floor affects the entire musculoskeletal system, especially in the upright posture. That means for you while **positive changes in your mental state of mind - increase self-confidence and establish closer contact with yourself**. Strengthening the pelvic floor **is very effective in combating incontinence**, which often suffer from elderly people. Another sphere of influence of exercise is also **directing the client to modify lifestyle**.

EN info:	Pelvic	<u>floor exercises</u>
Exercises to strengthen Pelvic floor for WOMEN and MEN	60	39€
Gift voucher for Exercises to strengthen Pelvic floor	60	39€
Price massage:	Time (min.)	Price EUR

Anti-Cellulite and Body Forming Procedure - "Cosmetic and Medical" procedure

My practice shows, and to my surprise, cellulite is willing to deal primarily with women and girls who ...

Have first signs of cellulite initiation or have cellulite at the first degree. A woman with a higher degree of cellulite appears absolutely exceptional. And you should have an increased interest in reducing your cellulite. For a husband, friend, lover ... but mainly for themselves.

Nature can not be deceived. If we want to reduce or eliminate cellulite, we have to do a lot of work every day for ourselves. It's a WHOLE FILE measure ...

I have significantly changed the procedure when you come to my cellulite massage. I'm really talking about the PROCESS against cellulitis. In order to have my procedure against the cellulite effect, it precedes her (the whole procedure is then practically at least for 2.5 hours in a piece) partial Lymphatic Massage. In parallel with it, I apply the blood circulation procedure in the incriminated parts. This is how I prepare you for a subsequent massage against cellulite. In the final you will finally get the appearance of the game that will please you. Obviously after the first procedure, the suitability or the necessity to repeat this procedure in the first 5-6 weeks at least every 7-10 days is almost a prerequisite.

It is true that for each of us the procedure against cellulite and for shaping the character will act individually. The above is my basic recommendation from my practice.

Anti-Cellulite and Body Forming Procedure

15085 €180110 €

Thai foot massage - "Relax and Medical" massage

EN info:

Thai foot massage is an experience procedure with a very, very significant medicalh effect. It is very close to the Reflex
lymphatic foot massage and complements Reflexology foot and musculoskeletal system.
In the Factors world they are used to prevent ill and not to treat the consequences of disease. This is cortainly the above

In the Eastern world they are used to prevent ill ... and not to treat the consequences of disease. This is certainly the above three methods and techniques ideal.

Thai foot massage is performed with a wooden peg or palms. Our feet have their reflex points and zones. By pressing reflexology and massage the feet of the tibial component, including fingers, tarsus and the entire lower leg. Stimulating the reflex points and zones operate on our internal organs, relieve stress and influence the flow of energy through the body. If you are interested in maps of reflex points and zones, their images can be found in the description of my Reflexology foot and musculoskeletal system.

Thai foot massage positively affects the lymph and internal organs. Performed with oil or dry. The ideal is to use a wooden peg. The advantage of Thai foot massage is that we do not even have to undress.

EN info:	<u>Thai to</u>	oot massage
60 min.	60	35€
Medical & Energy Massage - Chinese Massage pressure - "Energy + Medicalh +		

beneficial Relaxation" massage

Is pleasant and efficient oriental massage of the neck, head, back, pelvis, abdomen, upper and lower extremities. To her professional mastery requires really good knowledge of **Meridians** called **Energy pathways**. Meridians I practically affect every day ...

Its aim is to release blocked energy in our body. Due to the holistic holistic concept of this massage is better to talk about the blocked energy throughout the human body. It is therefore a superficial muscles but also the energy throughout our body.

EN info:	Chinese massage	
NEW: Energy massage Chinese Massage pressure	60	39€
Orient Chinese Massage pressure	90	57€

Moroccan argan oil massage - "Body + Medicalh" massage with cosmetic effect

I have from my many years of practice to admit that I myself was surprised by the results. I have never ever had such smooth skin and skin now than after massage argan oil. I noticed a demonstrable improvement in the quality of your hair and nail strengthening. Which of us would not want to have beautiful and youthful look scary and body.

	EN info:	Moroe	ccan argan oil
	HIT: ELIXIR for beauty and youth		
	face, neck, decollete with peeling	60	65€
	whole body and face	90	80€
	whole body and face with peeling	120	100€
3.4.	arrage Candle		
	assage Candle - "Body + Medicalh" massage		
	EN info:	Mas	sage Candle
	Assured experience for you on many other days	60	57€
Sp	ort & Recondition massage - "Clasic Medical-Medical" massage		
	For the regeneration of musculoskeletal or after great physical exertion and massage	spasms.	
	EN info:	Sport &	Recondition m
			women/men
		60	35 € / 40 €
		90	50€/60€
		120	65€/80€
	Men - harder massage For men the price is higher		

Men - harder massage. For men, the price is higher.

Soft and Traction techniques - "Medical" massage are applied without the intervention of massage oil to eliminate muscle stiffness, painful te blocks . I recommend a sports massage.	ndons, points of lig	ght and joint
as a SURCHANGE to other classics. or some medical massage	30	17€
as a SURCHANGE to other classics. or some medical massage	60	28€
Dorn method + Breuss massage - "Medical Rehabilitation" massage		

Very gentle technique that **activates the lymph system of the body**. It's a kind of gentle massage which helps stimulate the lymph system and thus promotes lymph flow. **This leads to the removal of pollutants - toxic substances. Lymphatic drainage will relieve your lymph system and also helps to regenerate the body and stimulate the immune system**.

EN info:	<u>ərn metho</u>	d & Breuss ma
total 60 min three times the back	90	
total 120 min two times the back of body	120	
	_	
Hawaiian massage (Lomi Lomi) - "Relaxa and Medical" massage		
60 min.	60	48€
90 min.	90	65€

loney massage - "Medical" masage

Honey massage brings high healing effects to the whole body and skin. The effects of this massage that works very well against most diseases of civilization. Massage with honey will relax you and at the same time remove unwanted toxins from the body that settle in the body tissues and near the spine.

EN next info:	Hone	<u>y massage</u>
total 60 min thre times the back	60	48€
total 90 min twoo times full body	90	70€

1anual lymph drainage (lymph) - "Medical" masage

Very gentle technique that activates the lymph system of the body. It's a kind of gentle massage which helps stimulate the lymph system and thus promotes lymph flow. This leads to the removal of pollutants - toxic substances. Lymphatic drainage will relieve your lymph system and also helps to regenerate the body and stimulate the immune system.

EN info:	Manual lymph drainag
total 60 min.	60 43€
total 90 min.	90 57€
total 120 min.	120 70€

Indian anti-stres massage - "Medicalh" masáže

... massage **neck, arms, face, hair pieces and acupressure points on the head**. Includes a facial massage, massage the earlobes. This massage improves concentration, eyesight and brain oxygenation - **Helps relieve depression and anxiety states, insomnia**.

EN info:	<u>ıdian an</u>	ti-stres massag
head, neck, shoulders, upper limbs	60	35 €
as above finished with lava stones (Hot Stones)	60	40 €

Thai massage classic (north stretching) - "Medical" masáže

... technique Thai massage consists of extruding points / palpation, bending and stretching, rather than in the kneading. Applications and oil through the client's clothing.

EN info:	<u>Thai massage</u>
full 120 min.	120 74€
luxury 180 min.	180 100€

Thai oil massage – "Relax" massage

... milder form of traditional Thai massage (without clothes using oil), which develops at different points less pressure. Systematic pressure massage from the top of the head through the neck, spine and back muscles. Very nice is massaged his arms and legs, including individual fingers.

EN info:	<u>Thai massage</u>	
full 90 min.	90 57€	
luxury 120 min.	120 70€	

Thai oil aromaterapeutic massage - "Relax" massage

Relaxation form of traditional Thai massage, using hot oil and selected aromatic essences.

EN info:	<u>Thai massage</u>	
60 min.	60	52€
90 min.	90	70€
120 min.	120	96€

Prostate massage - "Medical" massage

EN info:

They brought you medicalh problems with the elimination to the doctor, the "massage" Prostate experience the first time by a doctor?

This, however, is likely to have your prostate something going on ... and then this massage may not be for you, just pleasant. It can be so bad that the next time the words of prostate massage you booted goose bumps and say "thanks, so this had better not."

Prostate massage

45

48€

I have a lot of men with prostate massage me like search. Prostate massage brings them pleasure, deep and intense experiences.

Medical massage and relaxation. Self prostate massage maximal 10-15 min.

assage with Hot lava stones Hot-Stone - "Relax and Medical" massage

Performs special massage fingering with hot lava stones and aromatic oils. Lava stones to warm up the body, relaxes muscles in depth, wakes up blood circulation, improve the flow of energy.

EN info:	Hot Stones massage	
massage hot stones 60 min.	60	50€
massage hot stones 90 min.	90	65€
massage hot stones 120 min.	120	75€

Massage with Hot shells (ritual Tokoriki) - "Relax and Cosmetic" massage

This is a **luxurious body treatment** that would be **highly appreciated, especially women, with a strong energetic effect on the body and mind**. The massage is achieved by a significant increase in blood flow to the area and is processed to remove some muscle spasms and thus to relax the muscles. This massage treatment begins with full body sugar cane scrub with minerals. A massage hot shells and scented oil (except the face). Furthermore, am applying client softening mango butter .. full body wrap and relaxation. **Ritual Tokoriki** is a whole body treatment with a total length of 120 minutes or reduced length 90min.

EN info:	Hot Shells massage
short massage with Hot shells Tokoriki 90 min.	90 90€
long massage with Hot shells Tokoriki 120 min.	120 120€

hocolate massage - "Relax" massage		
experience luxurious treatments chocolate or chocolate oil. Rejuvenate your skin and smo dead cells. From your body and washed away harmful substances . Chocolate massage ha your thinking will be more positive . Variant: Natural chocolate or balm chocolate .		
EN info:	<u>Chocolat</u>	<u>e massage</u>
full body massage with chocolate + peeling	90	65€
full body massage with chocolate + peeling	120	80€
ognac massage - "Relax" massage	Cognac	: massage
EN info:	C C	•
full body massage with oil and cognac	60	50€
elax Intuitive massage for Women and Men - "Relax" massage		
EN info:	<u>Relax Intui</u>	tive massag
to release the nervous system and harmonization of body and soul	60	35€
	90	50€
ontrie massage for Women and Men (Tentre) "Energy" thereasy		
antric massage for Women and Men (Tantra) - "Energy" therapy		
of the body and leads to our soul . My Tantra massage are designed for women and men . Tantra massage awakens and expands the sensuality and the pleasures of body experience. In Tantra massage lead you into the heart to themselves and to your senses, feelings and e I wake up your body and senses to the greater sensitivity and sensibility. His touch evokes a essence. Your awareness expands, as well as the ability to experience and feel her body and In my Tantric massage you will experience unprecedented conditions. Harmony, relaxation unity with its own being with the whole universe. My Tantra massage promotes us to experience higher degrees of orgasms. Orgasm at the	emotions. in you in close contact w d sexuality. g pleasure, change in cou e genitals but also:	nsciousness,
Emotional orgasm: Orgasmic wave spread from the genitals to the heart experience f Full body orgasm: Orgasmic wave spreads throughout the body, filling every cell of his	eelings of love and fulfil	lment
 Energy orgasm: We experience ourselves as a source of bliss		
It is possible version may Tantra massage (massage the length 90min. and more) with mas body: the buttocks and anal area, women have breasts, joni and rosette, men also lingam c		parts of the
	ind prostate.	
body: the buttocks and anal area, women have breasts, joni and rosette, men also lingam c Not only out of but of course, even without sexual intercourse. Tantra works with our sexual	ind prostate. Il energy, but Tantra or ' ed the life energy that w	Tantra ve need.
body: the buttocks and anal area, women have breasts, joni and rosette, men also lingam a Not only out of but of course, even without sexual intercourse. Tantra works with our sexual massage does not match the content of tantric sex, mostly carried out between partners. Sexual energy is our primary energy that is transferred throughout the body and transform Tantric full body energetic orgasm is a suitable addition Tantra massage, if the client or the	ind prostate. Il energy, but Tantra or ed the life energy that w client wants to know ai (ie. Meridians) and ener -body energy orgasm. Ro	Tantra ve need. nd rgy centers
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Luxury	90	145€
Classic	120	153€
Luxury	120	169€
Action- Classic (with prostate massage)	120	163€
Luxury	150	198€
Action- Luxury	150	207€